Joint Substance Abuse Program evention, Treatment and Outrea (PTO)

SSgt Jessica Cunningham
Prevention Coordinator

Mission Statement

Our mission is to provide prevention training, outreach to military families, and treatment resources to military members in an effort to increase military discipline, individual performance, and combat readiness.

New for FY09

- Annual Prevention Training
- Team Readiness
- Unit Risk Inventories (URI's) and Reintegration- Unit Risk Inventories (R-URI's)

nnual Prevention Educatio

- AR 600-85 requires 4 hours of training per year for each solider.
  - FY09 Memorandum of Understanding for the Prevention, Treatment, Outreach program states that units are required to comply with 4 hours of prevention education, and 2 hours will be to conduct Team Readiness.

Training Tools

- PowerPoint's and Lesson Plans available
- Videos
- Community Resources
  - Law Enforcements, Mental Health Professionals , etc.

Team Readiness

Readiness → Deployment → Re-Integration → Resilience

Talking Points

- Consists of 6 Modules, 1 hour per module.
- Designed to reduce risk factors & increase protective factors by:
  - Reducing enabling for problem soldiers
  - Reducing drinking climates
  - Increase unit cohesion
- Only PC is certified to teach the Team Readiness Training Program

Team Readiness

Readiness → Deployment → Re-Integration →Resilience

Talking Points

This program has been shown to

- increase supervisor responsiveness to troubled members
- reduce problem drinking and drug use
- create a climate conducive for self referral

These results are achieved by

- promoting increased communication at all levels
- improving knowledge and attitudes toward alcohol and drug-

NATIONAL GUARD Team Readiness

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Talking Points

The training consists of six modules:

1. Relevance
2. Team Ownership of Policy
3. Reducing Stigma & Tolerance and Increasing Responsiveness
4. Work Stress, Problem Solving, and Substance Use
5. Workplace Communication Skills
6. Encouragement

URI's and R-URI's

Talking Points

- Self Report Survey
  - Screens for high-risk behaviors and attitudes that compromise unit readiness
  - Asks about alcohol and drug abuse, personal and unit relationships, domestic violence, suicide, crime, perception of the Army environment, and financial problems
  - URI results provide a picture of a unit's self reported high-risk behaviors
- Unit Risk Inventory (URI)
  - 53 item questionnaire
  - 40-50% of non-deployed units should be surveyed in fiscal year
- Reintegration -Unit Risk Inventory (R-URI)
  - 79 item questionnaire
  - 90-180 days after deployment
  - 100% of returning from a deployment should be surveyed in fiscal year

URI's and R-URI's

Talking Points

- Army Approved Command Climate Survey
- Designed for use at the Company level
- Screens for high-risk behaviors and attitudes that compromise unit readiness
- Takes no more than 30 minutes to complete Survey
- 50% of Unit must be surveyed to receive accurate results
- No cost to Installation or Units

Contact Information

West Virginia National Guard
Prevention Coordinator
SSgt Jessica Cunningham
jessica.f.cunningham@us.army.mil
Blackberry (304) 380-6495
Office (304) 201-3100